

Covid-19 Behavioral Health Group Impact Reference Guide

Group 7 Families and Children

Group 6 Educators

Appendix B additional information on Suicide

Wa State Department of Health Behavioural Resources and Recommendations

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/BHG-COVID19BehavioralHealthGroupImpactReferenceGuide.pdf#page=34>

Coming of age in a Pandemic

Wa State Department of Health Behavioural Resources and Recommendations

<https://medium.com/wadepthealth/coming-of-age-in-a-pandemic-f7af1810a0b7>

Born Resilient

Wa State Department of Health Behavioural Resources and Recommendations

<https://medium.com/wadepthealth/born-resilient-5a20945356df>

Weekly situations report

Wa State Department of Health Behavioural Resources and Recommendations

<https://www.doh.wa.gov/Emergencies/COVID19/HealthcareProviders/BehavioralHealthResources>

Monthly forecasts

Wa State Dept. Health Behavioral Resources and Recommendations

<https://www.doh.wa.gov/Emergencies/COVID19/HealthcareProviders/BehavioralHealthResources>

Covid 19 Behavioral Health Podcast

Wa State Department of Health Behavioural Resources and Recommendations

<https://www.doh.wa.gov/Emergencies/COVID19/HealthcareProviders/BehavioralHealthResources>

Blog series disaster psychologist Kira Mauseth, PhD and psychiatrist Doug Dicharry, MD discuss how the COVID-19 pandemic impacts us :

<https://medium.com/wadepthealth/search?q=%22coping%20with%20COVID%22>

Talking to Kids about Mental Illness

NAMI

<https://www.nami.org/Blogs/NAMI-Blog/November-2018/Talking-to-Kids-About-Mental-Illness>

Magination Press

APA

<https://www.apa.org/pubs/magination>

Faber, A., & Mazlish, E. (1980). How to talk so kids will listen & listen so kids will talk. New York: Rawson, Wade Publishers.

[https://www.amazon.com/How-Talk-Kids-Will-Listen/dp/1451663889/ref=sr\\_1\\_1?dchild=1&keywords=how+to+talk+so+kids+will&qid=1610616471&sr=8-1](https://www.amazon.com/How-Talk-Kids-Will-Listen/dp/1451663889/ref=sr_1_1?dchild=1&keywords=how+to+talk+so+kids+will&qid=1610616471&sr=8-1)

<https://www.apa.org/pubs/magination/covid-19-help-kids-cope>

The Kids Guide to Coronavirus

<https://www.apa.org/pubs/magination/covid-19-help-kids-cope>

How to Talk to a Student

<https://classroommentalhealth.org/help-students/how-to-talk/>

Talking to Kids about Mental Illness

[https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Talking-To-Kids-About-Mental-Illnesses-084.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Talking-To-Kids-About-Mental-Illnesses-084.aspx)

Parenting styles: An evidence-based, cross-cultural guide  
(2010) Gwen Dewar, Ph.D.,  
<https://www.parentingscience.com/parenting-styles.html>

Parents Guide to Developmental Milestones  
Child Mind Institute  
<https://childmind.org/guide/developmental-milestones/>

Attached  
Amir Levine, M.D. and Rachel S. F. Heller, M.A.  
<https://www.attachedthebook.com/wordpress/>

Maslow's Hierarchy of Needs  
Sual McLeod, Dec 29, 2020  
<https://www.simplypsychology.org/maslow.html>

Mental and Emotional Well Being  
Washington Department of Health  
<https://coronavirus.wa.gov/mental-and-emotional-well-being>

Contact ADHD Specialist  
Contact an ADHD Specialist (Hablamos Espanol) 18662008098 M-F 1-5 pm ET  
CHADD  
<https://chadd.org/>

Contact Autism Contact  
To speak to an I&R Specialist directly, call 800-3-AUTISM (800-328-8476).  
Autism Society  
<https://www.autism-society.org/about-the-autism-society/contact-us/#:~:text=To%20speak%20to%20an%20I%26R,in%20your%20area%2C%20click%20here.>

Learning Disorder Association of America  
<https://ldaamerica.org/support/>

Helping Homebound Children during the COVID-19 Outbreak  
Center for the Study of Traumatic Stress Department of Psychiatry Uniformed Services University  
4301 Jones Bridge Road, Bethesda, MD 20814-4799 [www.CSTSONline.org](http://www.CSTSONline.org)  
[https://www.cstsonline.org/assets/media/documents/CSTS\\_FS\\_Helping\\_Homebound\\_Children\\_during\\_COVID19\\_Outbreak.pdf](https://www.cstsonline.org/assets/media/documents/CSTS_FS_Helping_Homebound_Children_during_COVID19_Outbreak.pdf)